



Instructions for Taking the ImPACT Test

(Use a computer or Chromebook. Do not take on a phone or tablet of any kind)

1. Go to **www.impacttestonline.com/testing**
2. Enter Code: **4L5YI1H5DM** and click **“validate.”**
 - **North Olmsted High School will be displayed**
 - **Click “Launch Test”**
 - Follow prompts and answer questions.
 - When it asks “Enter additional info” or “skip” choose enter additional info.
 - Follow the rest of the prompts, answering all questions **HONESTLY** and trying your best at the test.
 - When the test is complete and you get to the page that says “Print Confirmation,” click the X in the upper right corner to close the test. You do not need to print confirmation.

Test Tips

- Take the test in a room free of distractions.
- Turn OFF all Cell phones prior to test.
- Make sure no other applications are open on the computer other than ImPACT.
- When it asks for number of years of education completed, freshmen will answer 8, sophomores 9, juniors 10, and seniors 11.
- Current level of participation will be “high school”
- Years of experience at this level will be 0 for freshmen, 1 for sophomore if they played as a freshman, 2 for a junior who played their freshman and sophomore years, etc.
- When it asks for current symptoms, 1 will be least severe and 6 is greatest.

About ImPACT

ImPACT is a 20-30 minute computer test developed to help sports-medicine clinicians evaluate multiple aspects of neurocognitive functioning following concussion. You are taking a baseline test. In the event you suffer a head injury, we may use this as a tool in deciding when it is safe for you to return to your sport.